

ESL Kids World: First Conditional: The Body

Cut out the sentences. Match them correctly.

If you rub a sore muscle,

the pain will go away.

If you cut yourself,

you will bleed.

If you fall over,

you will hurt yourself.

If you place your hand on the left side of your chest,

you will feel your heart beating.

If you hold your breath for too long,

you will go red in the face.

If you breathe in,

your lungs will get bigger.

If you open your mouth,

you will see your tongue.

If you exercise for too long,

you will get cramp.

If you move your arm,

your muscles will contract.